



Join the Great Lakes Seaway Trail New Volkssport Club!

The initial focus of the newly formed Great Lakes Seaway Trail Trailwide Volkssport Association will be on establishing community-led Volksmarching (walking) events throughout the 518 mile-long coastal region of the Great Lakes Seaway Trail. Walks of 3.1 miles (5 km) or 6.2 miles (10km) may be enjoyed at one's own pace individually, as families or groups, or with a pet where permitted. Participants can have their logbooks validated at sanction events and earn pins, patches or souvenir tokens for a certain number of events or distance covered.

The Volkssport concept represents the opportunity for all people to engage in healthy activity that encourages fitness. The term encompasses non-motorized, non-competitive activities including walking, bicycling, swimming, cross-country skiing, and snowshoeing.

The theme of the first series of walks for the Great Lakes Seaway Trail Volkssport Association is expected to celebrate the byway region's War of 1812 history.

The new club will meet at the Seaway Trail Discovery Center in Sackets Harbor every fourth Tuesday each month. Sackets Harbor is home to the Great Lakes Seaway Trail headquarters and the Seaway Trail Discovery Center. Anyone interested in attending the meetings or learning more about the Great Lakes Seaway Trail Volkssport Association may call 315-646-1000 x200 for details. Learn more about the Great Lakes Seaway Trail byway online at www.seawaytrail.com.

Great Lakes Seaway Trail Volkssport Assoc. Member Sign-up

Name _____

Address _____

City, State, Zip _____

Phone _____ Email Address _____

I would like to be an official member. Individual __(\$10) Family __(\$18)

Have you ever Volksmarched before? ____ Where? _____

Mail completed form & check to: Seaway Trail, PO Box 660, Sackets Harbor, NY 13685

